

RESOLUTION 5-045

**RESOLUTION TO SUPPORT PRINTING CAPS AFTER HOURS PHONE LINE ON
THE BACK OF STUDENT MCARDS**

2 **WHEREAS** Student mental health and wellbeing is, and must remain, a chief concern
and priority for the University administration, faculty, staff and student
body; **AND**

4 **WHEREAS,** A 2011 study by the American College Health Association cited
6 depression and anxiety as two of the “top impediments to academic
performance”¹; **AND**

8 **WHEREAS,** A 2012 National Alliance on Mental Illness (NAMI) study found that 50%
10 of surveyed students who dropped out of college for mental health reasons
had never sought counseling²; **AND**

12 **WHEREAS,** According to the University of Michigan’s Counseling and Psychological
14 Service’s (CAPS) 2014-2015 annual report, more than 4,000 students
sought out its services during that academic year, a “17% increase in
16 demand for services, [which was] more than 4 times the expected increase
based on activity from prior years”³; **AND**

18 **WHEREAS,** CAPS instituted an after hours crisis phone line in October 2015 to
20 address the increasing number of student concerns and requests for
services, and, in its first month alone, ninety (90) students utilized this
22 service; **AND**

24 **WHEREAS,** The after hours phone line can function as a gateway service and resource
for students seeking help, counseling and/or services in a number of areas,
26 such as dealing with anxiety, depression and/or thoughts of suicide; **AND**

28 **WHEREAS,** The above information could be further publicized by printing it on the
back of all student Mcards (identification cards) henceforth issued, as all
30 students are provided with their own Mcard during Freshman Orientation;
AND

¹ http://www2.nami.org/Content/NavigationMenu/Find_Support/NAMI_on_Campus1/Learn_About_The_Issue/Learn_About_The_Issue.htm

² <https://www.nami.org/collegesurvey> (2014-2015 Annual Report, Pages 1,2)

³ <https://caps.umich.edu/article/annual-reports> (2014-2015 Annual Report, Page 2)

32 **WHEREAS,** Printing CAPS after hours phone line on the back of Mcards may serve as
34 a powerful symbol in the consolidated effort to address and reduce the
stigma surrounding mental illness on our campus; **AND**

36 **WHEREAS,** Other schools, such as the University of Missouri, have printed their
38 respective crisis phone lines on the back of university student
identification cards; **AND**

40 **WHEREAS,** The addition of CAPS after hours phone line onto Mcards has the support
42 of Dr. Todd Sevig, Director of the Counseling and Psychological Services,
among other student leaders and professionals working on advancing
44 student mental well-being; **THEREFORE BE IT**

RESOLVED, That Central Student Government (CSG) officially supports the initiative
46 to print CAPS after hours phone line on the back of student Mcards in the
format as follows:

48 **“CAPS After Hours Line: 734-764-8312”;**

50 **AND BE IT FINALLY**

52 **RESOLVED,** That CSG will continue to actively promote the wellbeing of all students
54 by calling on University administrators to print CAPS after hours phone
line on the back of student Mcards.

56 **RESOLVED,** That CSG and the authors of this Resolution will work with ProtoCall, the
58 group which services this after hours phone line, to disseminate any
necessary and appropriate information to callers on other Student Life
60 organizations that deal with student wellness.

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Presented to the Assembly for *First Reads* on 2/23/16

Presented to the Assembly for *Second Reads* on _____

Yes: _____ No: _____ Abs: _____ Date: _____

Signature Necessary: _____ Signature Received By: _____

