Q1
CSG x Active Minds
Classroom Climate Around Mental Health – Student Survey

Our approach to academics, as well as our classroom experience can greatly influence our mental, physical and emotional well-being.

The faculty-student relationship is often equally rich and impactful during our time on campus. With this understanding, we hope to use this survey to gauge whether there is a need to improve the general mental health climate around faculty and students. We believe that your input will help improve the academic and overall experience at the University of Michigan for students. Accordingly, we thank you for your time!
Q2 Have you dealt with a personal mental health concern (e.g. stress, academic problems, self-esteem, relationship difficulties, grief)?
- Yes
- No

Q3 Have you wished to seek professional help/support for any of the following concerns? Select all that apply.
- Academic difficulties
- Grief/loss
- Interpersonal conflict/challenges
- Relationship difficulties
- Sexual Orientation
- Sleep problems
- Stress management
- I have not experienced/identified with any of the above concerns to a level in which I wished to seek professional help

Q4 Which ones do you identify with and/or have you been diagnosed with? Select all that apply.
- ADHD
- Anxiety
- Bipolar Disorder
- Depression
- Eating Disorder
- Obsessive Compulsive Disorder
- PTSD
- Schizophrenia
- Substance Abuse
- I do not identify or have been diagnosed with any of the above.
- Other (please enter): ____________________

Q5 Has someone close to you dealt with a mental health concern?
- Yes
- No
Q6 What on-campus mental health services are you aware of?
Select all that apply.
- Counseling and Psychological Services (CAPS) in the Union/Main Office
- Counseling and Psychological Services (CAPS) Embedded Model – a CAPS counselor within my school
- Department of Psychiatry of Outpatient Clinics (Depression Center, Anxiety Disorders Clinic, etc)
- UM Psychological Clinic
- University Center for the Child and Family
- University Health Service (UHS)
- I am not aware of any mental health services at UM
- Other (please enter): ____________________

Q7 What on-campus mental health services have you utilized
Select all that apply.
- Counseling and Psychological Services (CAPS) in the Union/Main Office
- Counseling and Psychological Services (CAPS) Embedded Model – a CAPS counselor within my school
- Department of Psychiatry of Outpatient Clinics (Depression Center, Anxiety Disorders Clinic, etc)
- UM Psychological Clinic
- University Center for the Child and Family
- University Health Service (UHS)
- University of Michigan Depression Center
- I have not utilized any mental health services at UM
- Other (please enter): ____________________

Q8 How comfortable would you feel approaching an instructor about a mental health concern?
- 1 (Very Uncomfortable)
- 2 (Moderately Uncomfortable)
- 3 (Neutral)
- 4 (Moderately Comfortable)
- 5 (Very Comfortable)
Q9 How comfortable would you feel approaching an instructor about a mental health accommodation?

Accommodations may include, but are not limited to, extended test taking time, a private environment or alternate location to take exams, permission to record lectures, modified deadlines, alternate work assignments, retroactive withdrawal form courses, or a leave of absence.

- 1 (Very Uncomfortable)
- 2 (Moderately Uncomfortable)
- 3 (Neutral)
- 4 (Moderately Comfortable)
- 5 (Very Comfortable)

Q10 Have you ever approached an instructor requesting a mental health accommodation?  
*Select all that apply.*
- Yes, at the University of Michigan
- Yes, at a different school
- No

Q11 Please specify which school and what type of accommodation.

Q12 How helpful have you found teaching faculty to be when it comes to student mental health accommodations?

- 1 (Very Unhelpful)
- 2 (Unhelpful)
- 3 (Neutral)
- 4 (Helpful)
- 5 (Very Helpful)

Q13 Please describe your experience for us.

Q14 Why not?  
*Select all that apply.*
- I didn't feel comfortable.
- I didn't have a request.
- I didn't know I can.
- I didn't think it would help.
- Other (please enter): ____________________
Q15 In your opinion, to what extent is a professor/GSI/lecturer obligated to provide accommodations for a student mental health concern?

- 1 (Not Obligated)
- 2 (Moderately Not Obligated)
- 3 (Neutral)
- 4 (Moderately Obligated)
- 5 (Very Obligated)

Q16 How important do you think it is for professors/GSIs/lecturers to be trained in student mental health?

- 1 (Unimportant)
- 2 (Somewhat Unimportant)
- 3 (Neutral)
- 4 (Somewhat Important)
- 5 (Important)

Q17 How do you think providing mental health accommodations affects a person’s ability to adapt to stressful situations or crises?

- Providing mental health accommodations weakens their ability to adapt.
- Providing mental health accommodations neither weakens nor strengthens their ability to adapt.
- Providing mental health accommodations strengthens their ability to adapt.

Q18 How important is it for a college campus to create a supportive environment for mental wellness?

- 1 (Unimportant)
- 2 (Somewhat Unimportant)
- 3 (Neutral)
- 3 (Somewhat Important)
- 4 (Important)

Q19 What would you want faculty and staff to know about student mental health?

Select all that apply.

- General education on mental health conditions
- How to support students
- How to communicate with students
- Mental health conditions are real
- Students can be successful with accommodations
- Other (please enter): ____________________
Q20 Would you be interested in taking a wellness course that focuses on mental, physical, and emotional health for academic credit?
   ☐ Yes, for academic credit
   ☐ Yes, regardless of credit
   ☐ No
   ☐ Maybe; I would like more information

Q21 Please feel free to share any other comments or experiences.

Q22 What is your affiliation with the University of Michigan?
   ☐ Undergraduate Student
   ☐ Graduate/Professional Student
   ☐ Other (please enter): ____________________

Q23 In which school(s) are you enrolled?
   Select all that apply.
   ☐ Architecture & Urban Planning
   ☐ Art & Design
   ☐ Business
   ☐ Dentistry
   ☐ Education
   ☐ Engineering
   ☐ Information
   ☐ Kinesiology
   ☐ Law
   ☐ Literature, Science, and the Arts
   ☐ Medicine
   ☐ Music, Theatre & Dance
   ☐ Natural Resources & Environment
   ☐ Nursing
   ☐ Pharmacy
   ☐ Public Health
   ☐ Public Policy
   ☐ Rackham School of Graduate Studies
   ☐ Social Work
Q24 If you are an undergraduate student, what is your major(s)?
Select all that apply.

- Actuarial Mathematics
- Aerospace Engineering
- Afroamerican and African Studies
- American Culture
- Ancient Near Eastern Studies
- Anthropology
- Arabic Studies
- Art and Design
- Arts and Ideas in the Humanities
- Asian Studies
- Astronomy and Astrophysics
- Athletic Training
- Biochemistry
- Biology
- Biomedical Engineering
- Biomolecular Science
- Biophysics
- Biopsychology, Cognition, and Neuroscience
- Business
- Cell and Molecular Biology
- Cell and Molecular Biology and Biomedical Engineering
- Chemical Science
- Civil Engineering
- Classical Archaeology
- Classical Civilization
- Classical Languages and Literatures
- Cognitive Science
- Communication Studies
- Comparative Literature
- Computer Engineering
- Computer Science (BS)
- Computer Science (BSE)
- Creative Writing and Literature
- Dance
- Data Science (BS)
- Data Science (BSE)
- Dental Hygiene
- Drama
- Earth and Environmental Sciences
- Earth System Science and Engineering
- Ecology and Evolutionary Biology
- Economics
- Electrical Engineering
- Elementary Teacher Education
- Engineering Physics
- English
- Environment
- Environmental Engineering
- Evolutionary Anthropology
- Financial Mathematics
- French and Francophone Studies
- General Biology
- General Studies
- German
- Greek (Ancient) Language and Literature
- Greek (Modern) Language and Culture
- Health and Fitness
- Hebrew Studies
- History
- History of Art
- Individual Major Program
- Industrial and Operations Engineering
- Informatics
- Information
- Interarts Performance
- Interdisciplinary Astronomy
- Interdisciplinary Chemical Sciences
- Interdisciplinary Physics
- International Studies
- Italian
- Jazz Studies
- Judaic Studies
- Latin American and Caribbean Studies
- Latin Language and Literature
- Latina/o Studies
- Linguistics
- Materials Science and Engineering
- Mathematical Sciences
- Mathematics
- Mechanical Engineering
- Microbiology
- Middle Eastern and North African Studies
- Movement Science
- Multidisciplinary Music Studies
- Music (Non-Professional)
- Music Composition
- Music Education
- Music Performance
- Music Performance with Teacher Certification
- Musical Theatre
- Musicology
- Naval Architecture and Marine Engineering
- Near Eastern Studies
- Neuroscience
- Nuclear Engineering and Radiological Sciences
- Nursing
- Nursing - Second Career
- Organizational Studies
- Performing Arts Technology
- Persian Studies
- Pharmaceutical Sciences
- Philosophy
- Philosophy, Politics, and Economics
- Physics
- Plant Biology
- Polish
- Political Science
- Psychology
- Public Policy
- Pure Mathematics
- RC Individual Major Program
- Romance Languages and Literature
- Russian
- Russian, East European, and Eurasian Studies
- Screen Arts and Cultures
- Screenwriting
- Secondary Teacher Education
- Social Theory and Practice
- Sociology
- Sound Engineering
- Spanish
- Sport Management
- Statistics
- Theatre Arts
- Theatre Design and Production
- Theatre Performance (Acting and Directing)
- Turkish Studies
- Women's Studies
Q25 If you are a graduate student, what is your department(s)?
Select all that apply.

- Aerospace Engineering
- Afroamerican and African Studies
- American Culture
- Anthropology
- Anthropology and History
- Applied and Interdisciplinary Mathematics
- Applied Physics
- Architecture
- Art and Design
- Asian Languages and Cultures
- Asian Studies: China
- Asian Studies: Japan
- Asian Studies: South Asian Studies
- Asian Studies: Southeast Asian Studies
- Astronomy and Astrophysics
- Bioinformatics
- Bioinformatics (PIBS)
- Biological Chemistry
- Biological Chemistry (PIBS)
- Biomedical Engineering
- Biomedical Sciences, Program in (PIBS)
- Biophysics
- Biophysics (PIBS)
- Biostatistics
- Business Administration
- Business Economics
- Cancer Biology (PIBS)
- Cell and Developmental Biology (PIBS)
- Cellular and Molecular Biology (PIBS)
- Cellular Biotechnology
- Chemical Biology
- Chemical Engineering
- Chemistry
- Civil and Environmental Engineering
- Classical Art and Archaeology
- Classical Studies
- Climate and Space Sciences and Engineering
- Clinical Research
- Clinical Research Design and Statistical Analysis
- Cognitive Science
- Communication Studies
- Comparative Literature
- Complex Systems
- Computational Discovery and Engineering
- Computer Science and Engineering
- Creative Writing
- Dance
- Data Science
- Dentistry
- Design Science
- Earth and Environmental Science
- Ecology and Evolutionary Biology
- Economics
- Economics and Public Policy
- Education
- Education and Psychology
- Electrical and Computer Engineering
- English and Education
- English Language and Literature
- Environmental Health Sciences
- Environmental Justice
- Epidemiologic Science
- Epidemiologic Science - Clinical Research
- European and European Union Studies
- Geoscience and Remote Sensing
- Germanic Languages and Literatures
- German Studies
- Greek and Roman History
- Health Behavior and Health Education
- Health and Health Care Research
- Health Infrastructures and Learning Systems
- Health Services Organization and Policy
- Health Services Research
- History
- History of Art
- Human Genetics
- Human Genetics (PIBS)
- Immunology (PIBS)
- Industrial and Operations Engineering
- Industrial Ecology
- Industrial Health
- Information, School of
- Integrative Design
- Judaic Studies
- Kinesiology
- Landscape Architecture
- Latin American and Caribbean Studies
- Latina/o Studies
- Lesbian, Gay, Bisexual, Transgender and Queer Studies
- Linguistics
- Macromolecular Science and Engineering
- Materials Science and Engineering
- Mathematics
- Mechanical Engineering
- Medical Physics
- Medical Scientist Training Program
- Medicinal Chemistry
- Medieval and Early Modern Studies
- Microbiology and Immunology
- Microbiology and Immunology (PIBS)
- Modern Middle Eastern and North African Studies
- Molecular and Cellular Pathology (PIBS)
- Molecular and Integrative Physiology
- Molecular and Integrative Physiology (PIBS)
- Molecular, Cellular and Developmental Biology
- Molecular, Cellular and Developmental Biology (PIBS)
- Museum Studies
- Music, Theatre and Dance, School of
- Nanoscience & Technology
- Natural Resources and Environment, School of
- Naval Architecture and Marine Engineering
- Near Eastern Studies
- Neuroscience
- Neuroscience (PIBS)
- Nuclear Engineering and Radiological Sciences
- Nursing, School of
- Nutritional Sciences
- Oral and Maxillofacial Pathology
- Pharmaceutical Sciences
- Pharmacology
- Pharmacology (PIBS)
- Pharmacy, College of
- Philosophy
- Physical Activity & Nutrition
- Physics
- Physiology
- Plasma Science and Engineering
- Political Science
- Political Science and Public Policy
Program in Biomedical Sciences (PIBS)
Psychology
Public Policy, School of
Public Policy and Economics
Public Policy and Political Science
Public Policy and Sociology
Quantitative Finance and Risk Management
Robotics
Romance Languages and Literatures
Russian, East European and Eurasian Studies
Science, Technology, and Public Policy
Science, Technology, and Society
Scientific Computing
Screen Arts and Cultures
Slavic Languages and Literatures
Social Work and Social Science
Sociology
Sociology and Public Policy
Spatial Analysis
Statistics
Survey Methodology
Sustainability
Theatre and Drama
Toxicology
Translational Research Education
Urban and Regional Planning
Women’s Studies
Women’s Studies, English and
Women’s Studies, History and
Women’s Studies, Psychology and
World Performance Studies

Q26 How many years have you been at the University of Michigan?
- 0-1 year
- 2 years
- 3 years
- 4 years
- 5 years
- 6+ years

Q27 How old are you?
Q28 What is your sexual orientation?
- Bisexual or pansexual
- Gay or Lesbian or homosexual
- Straight or heterosexual
- Questioning
- Other

Q29 What is your gender identity?
- Female
- Genderqueer/Gender non-conforming
- Male
- Trans female/Trans woman
- Trans male/Trans man
- Other

Q30 How would you describe yourself? Select all that apply.
- Asian/Pacific Islander
- Black or African American
- Hispanic or Latino
- Native American or American Indian
- South Asian
- White
- Other