Q1

**CSG x Active Minds**

**Classroom Climate Around Mental Health - Faculty Survey**

Our approach to academics, as well as our classroom experience can greatly influence our mental, physical and emotional well-being.

The faculty-student relationship is often equally rich and impactful during our time on campus. With this understanding, we hope to use this survey to gauge whether there is a need to improve the general mental health climate around faculty and students.

We believe that your input will help improve the academic and overall experience at the University of Michigan for students. Accordingly, we thank you for your time!
Q2 Have you dealt with a personal mental health concern (e.g. stress, academic problems, self-esteem, relationship difficulties, grief)?
☐ Yes
☐ No

Q3 Have you wished to seek professional help/support for any of the following concerns? Select all that apply.
☐ Academic difficulties
☐ Grief/loss
☐ Interpersonal conflict/challenges
☐ Relationship difficulties
☐ Sexual Orientation
☐ Sleep problems
☐ Stress management
☐ I have not experienced/identified with any of the above concerns to a level in which I wished to seek professional help

Q4 Which ones do you identify with and/or have you been diagnosed with? Select all that apply.
☐ ADHD
☐ Anxiety
☐ Bipolar Disorder
☐ Depression
☐ Eating Disorder
☐ Obsessive Compulsive Disorder
☐ PTSD
☐ Schizophrenia
☐ Substance Abuse
☐ I do not identify or have been diagnosed with any of the above.
☐ Other (please enter): ____________________

Q5 Has someone close to you dealt with a mental health concern?
☐ Yes
☐ No

Q6 Did you know a mental health syllabus language suggestion exists, provided by the University of Michigan Central Student Government?
☐ Yes, I use it in my syllabus
☐ Yes, but I don't include it in my syllabus
☐ No, I didn't know such language exists
Q7 Do you believe that student mental health is one of the most important concerns on campus?
☑ Yes
☑ No
☑ Not Sure

Q8 Please explain.

Q9 What percentage of students at the University of Michigan do you believe live with a mental illness (e.g. struggle with depression, anxiety, alcohol and/or other substance abuse, etc.)?
Please enter a number between 0 to 100:

Q10 Has a student(s) ever approached you with a mental health concern?
☑ Yes
☑ Maybe
☑ No

Q11 How did you respond?
Select all that apply.
☑ I directed the student(s) to an appropriate on-campus resource (CAPS, SAPAC, etc.)
☑ I directed the student to a department or school/college colleague
☑ I dealt with the student request/concern myself
☑ I provided the student an off-campus referral
☑ I don't remember
☑ Other

Q12 Has a student(s) ever approached you with a mental health accommodation request?

Some examples of accommodations are: additional time to complete exams, providing a private environment or alternate location to take exams, permission to record lectures, modified deadlines, alternate work assignments, excused absences, retroactive withdrawal from courses, and/or a leave of absence.
☑ Yes
☑ Maybe
☑ No
Q13 How did you respond?  
Select all that apply.  
☐ I directed the student(s) to an appropriate on-campus resource (CAPS, SSD, etc)  
☐ I directed the student to a department or school/college colleague  
☐ I dealt with the student request/concern myself  
☐ I don’t remember  
☐ Other  

Q14 Please enter an optional explanation here:  

Q15 How comfortable did you feel dealing with the request or concern?  
☐ 1 (Very Uncomfortable)  
☐ 2 (Moderately Uncomfortable)  
☐ 3 (Neutral)  
☐ 4 (Moderately Comfortable)  
☐ 5 (Very Comfortable)  

Q16 How informed do you feel about student mental health and wellness?  
☐ 1 (Very Uninformed)  
☐ 2 (Moderately Uninformed)  
☐ 3 (Neutral)  
☐ 4 (Moderately Informed)  
☐ 5 (Very Informed)  

Q17 Some colleges and universities offer training on student mental health topics, such as suicide prevention. Have you received mental health training before?  
Select all that apply.  
☐ Yes, at the University of Michigan  
☐ Yes, at a different school  
☐ No  

Q18 Please specify which school and what type of training.  

Q19  
In the last year, how many times have you been approached about opportunities for student mental health trainings?  
Example: By Counseling and Psychological Services (CAPS) or the Center for Research on Learning and Teaching (CRLT)  
☐ 0  
☐ 1-3  
☐ 4+
Q20 In the last year, how many times have you been approached with information about student accommodations and on-campus resources?
- 0
- 1-3
- 4+

Q21 How informed do you feel about the on-campus resources that address student mental health and wellness (e.g. CAPS, SAPAC and Wolverine Wellness)?
- 1 (Very Uninformed)
- 2 (Moderately Uninformed)
- 3 (Neutral)
- 4 (Moderately Informed)
- 5 (Very Informed)

Q22 To what extent do you agree with the following statement: “University faculty and staff should be well-informed about student mental health and any appropriate accommodations through, among other methods, voluntary trainings and workshops, information dissemination and peer-to-peer support groups.”
- 1 (Strongly Disagree)
- 2 (Disagree)
- 3 (Neutral)
- 4 (Agree)
- 5 (Strongly Agree)

Q23 Which of the following would you be interested in receiving? Select all that apply.
- Information on student mental health
- University-affiliated workshops and trainings
- Presentations, speakers, interactive activities
- Faculty and staff peer-to-peer support group
- None of the above
- Other ____________________

Q24 Would you attend a monthly staff meeting with your department to update your knowledge on mental health?
- Yes
- Maybe
- No

Q25 Please feel free to share any other comments or experiences.
Q26 What is your affiliation with the University of Michigan?
- Professor (Associate, Assistant)
- Lecturer (I-IV)
- Graduate Student Instructor
- Other ____________________

Q27 Are you an adjunct faculty member?
- Yes
- No

Q28 How many years have you taught at the University of Michigan?
- 1-4 years
- 5-7 years
- 8-10 years
- 11-15 years
- 16-20 years
- More than 20 years

Q29 In which school(s) do you teach? 
Select all that apply.
- Architecture & Urban Planning
- Art & Design
- Business
- Dentistry
- Education
- Engineering
- Information
- Kinesiology
- Law
- Literature, Science, and the Arts
- Medicine
- Music, Theatre & Dance
- Natural Resources & Environment
- Nursing
- Pharmacy
- Public Health
- Public Policy
- Rackham School of Graduate Studies
- Social Work

Q31 How old are you?
Q32 What is your sexual orientation?
- Bisexual or pansexual
- Gay or Lesbian or homosexual
- Straight or heterosexual
- Questioning
- Other

Q33 What is your gender identity?
- Female
- Genderqueer/Gender non-conforming
- Male
- Trans female/Trans woman
- Trans male/Trans man
- Other

Q34 How would you describe yourself?
*Select all that apply.*
- Asian/Pacific Islander
- Black or African American
- Hispanic or Latino
- Native American or American Indian
- South Asian
- White
- Other