

SAPAC Services

All services are free and confidential to the University of Michigan community and are provided by professional SAPAC staff members. SAPAC's confidentiality policy means we will not share any information with anyone unless we assess that you are a harm to yourself or others. If you would like your advocate to be able to speak about your situation to anyone else, we would receive your written permission to do so before contacting others.

Peer-Led Support Group: weekly, drop-in group open to all survivors of sexual assault, intimate partner violence, sexual harassment and stalking to express their concerns and support their peers in a comfortable setting that is facilitated by student staff members.

Crisis Intervention

The crisis line is available 24-hours a day and is staffed by professionals, who provide confidential crisis intervention, information and referral services to survivors of sexual assault, dating/domestic violence, sexual harassment and stalking. SAPAC staff can provide in-person crisis intervention at residence halls, campus offices, hospitals, and police departments. Crisis Line phone: (734) 936-3333.

Advocacy

SAPAC Professional staff provide academic, legal, medical, and housing advocacy for survivors around issues of sexual assault, sexual harassment, stalking, and relationship violence (emotional, physical, and sexual). The SAPAC advocate will assess your immediate needs. You are not required to share any information you do not want to share. Professional SAPAC staff is available to listen, provide resources, answer questions, and offer support about:

- Where to go for help.
- Speaking with your professors or GSIs to help you receive an extension on a class assignment.
- Assistance in defining an experience.
- Help with emotional processing.
- Guidance in considering options and resources available to you on and off-campus, including counseling options.
- Support in deciding how to talk with a friend or family member.
- Information on making a formal complaint.
- Simply a safe place to talk.

Advocate Chat

Advocate Chat is an online tool that is primarily staffed by trained advanced MSW SAPAC interns who are trained and supervised by SAPAC professional staff. Your chat advocate can help answer questions about your concerns related to sexual assault, sexual harassment, stalking, or intimate partner violence and connect you to resources on campus. We are not legal or medical professionals and cannot provide legal or medical opinions. However, we can help connect you to appropriate resources, answer common questions, and help you determine what choices and options are right for you.

No identifying information appears to the SAPAC advocate while you are chatting. However, in a situation where we need to report information you share (such as those listed above) we may need to access your username. This will be done only after first reminding you of our reporting requirements.

If you feel uncomfortable providing your log-in information, please call SAPAC's 24-hour anonymous crisis line at 734-936-3333. If you are a concerned friend, partner, or family member, you may also contact us through SAPAC's Crisis Line

If you are a concerned friend, partner, or family member, you may also contact us.

We acknowledge that hearing about a loved one in a painful situation can be difficult. Often supporters experience feelings of powerlessness in not knowing how to respond to a survivor.

To meet with an advocate:

You may stop by our office between the hours of 9am and 5pm, Monday through Friday, or call (734) 764-7771 to make an appointment. For added convenience, after your first appointment, you may contact your advocate directly via e-mail or by calling them or the front desk at the SAPAC office.

If this is your first visit to SAPAC and you choose to walk-in without an appointment, usually an advocate can see you quickly. However, there may be some situations where the advocate is already meeting with another client, and will not be able to see you immediately. If it occurs that the advocate is currently busy, you have the following options:

- a.) Waiting for the advocate to become available (typically between a half hour and a hour wait)
- b.) Scheduling an appointment with the advocate for later the same day or the next day

or

c.) Requesting the front desk staff call you and let you know when the advocate is available. You always also have the option to call SAPAC's crisis line at (734) 936-3333 and speak to a confidential advocate by phone immediately.